

Bulkley Valley Regional Pool & Recreation Centre

Spring 2025 Facility Schedule: May 5 - Jun 22, 2025

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Reception Hours	12 -7pm	6am-9pm	6am-9pm	6am-9pm	6am-9pm	7am-7pm	12-7pm
Leisure Swim <i>Limited access to main pool, lagoon and deep end. Tot pool & hot areas available * Adults Only (16+)</i>	12 -3pm 3:30-7pm	6am-9pm* *8-9pm Adults only	6am-3pm 3:30-9pm	6am-9pm* *8-9pm Adults only	6am-3pm 3:30-9pm	7am-1pm 5:30-7pm *5:30-7pm Toonie Swim	12-1pm 5:30-7pm
Public Swim <i>Access to all pools and deep end.</i>					3:30-5pm	1-3pm 3:30-5:30pm	1-3pm 3:30-5:30pm
Swim Lessons	3:45-6:30pm	3:45-6:30pm 8-8:45pm	3:45-6:30pm	12-2:30pm 3:45-6:45pm	9-11:45am	8:45-11:45am	5:30-7pm
Swim Clubs Practice		6:30-7:30am (2 lanes) 2:15-3:15pm (4 lanes) 5:30-7:15pm (4 lanes)	5-5:30pm (2 lanes) 5:30-7pm (4 lanes) 7-7:30pm (2 lanes)	6:30-7:30am (2 lanes) 5:30-7:15pm (4 lanes)	1:45-2:45pm (2 lanes) 5-5:30pm (2 lanes) 5:30-7pm (4 lanes) 7-7:30pm (2 lanes)	7-8:30am (2 lanes)	
Lane Swim *Adults Only (16+)	12-1pm (3 lanes) 5:30-7pm (2 lanes)	6-9am (2-3 lanes) 12-1pm (3 lanes) 1-1:30pm (2 lanes) *8-9pm (2 lanes) <i>*Adult Only 8-9pm</i>	6-9am (3 lanes) 12-1pm (3 lanes) 1-1:30pm (2 lanes) 7:30-9pm (2 lanes)	6-9am (2-3 lanes) 12-1pm (3 lanes) 1-1:30pm (2 lanes) *8-9pm (2 lanes) <i>*Adult Only 8-9pm</i>	6-9am (3 lanes) 12-1pm (3 lanes) 1-1:30pm (2 lanes) 7:30-9pm (2 lanes)	7-8:30am (2 lanes) 12-1pm (2 lanes) *5:30-7pm (2 lanes) *Toonie Swim	12-1pm (2 lanes) 5:30-7pm (2 lanes)
Aquafit Classes		Gentle Fit 9:05-9:50am Power Aqua 7:15-8pm	Water Fit 9:05-9:50am	Gentle Fit 9:05-9:50am Power Aqua 7:15-8pm	Water Fit 9:05-9:50am		
Fitness Studio Hours *Adults Only (16+)	12-3pm 3:30-7pm	6am-9pm* *8-9pm Adults only	6am-3pm 3:30-9pm	6am-9pm* *8-9pm Adults only	6am-3pm 3:30-9pm	7am-3pm 3:30-7pm* 5:30-7pm Toonie	12-3pm 3:30-7pm
Fitness Classes		Power Lunch 12:05-12:55pm	Early Sweat Camp 6:10-7:00am	Power Lunch 12:05-12:55pm	Early Sweat Camp 6:10-7:00am		
Court Hours - Book online!	12-7pm	6am-9pm	6am-9pm	6am-9pm	6am-9pm	7am-7pm	12-7pm
Squash Program <i>Registration required</i>		Intro to Squash 6-7pm		High School Club 2-4pm			
Climbing Wall Hours <i>Wall Club: orientation and membership required</i>	Wall Club: 12-7pm	Wall Club: 6am-9pm	Wall Club: 6am-4pm Public Climb: 4-9pm	Wall Club: 6am-9pm	Wall Club: 6am-4pm Public Climb: 4-9pm	Wall Club: 7-11:30am Public Climb: 11:30am-7pm	Wall Club: 12-7pm
Belayed Climbing Sessions <i>*no experience necessary</i>			Monkey Climb: 5:30-7pm <i>Registration required</i> Adult Climb: 8-9pm <i>- Drop-in -</i>		Monkey Climb: 5:30-7pm <i>Registration required</i> Teen Climb: 8-9pm <i>- Drop-in -</i>	Family Climb: 11:30am-1pm <i>- Drop-in -</i> Monkey Climb: 5:30-7pm <i>Registration required</i>	
Climbing Programs <i>Registration required</i>		Little Rockers 9:30-11am Super Kids Club 3:45-5pm	Super Kids Club 3:45-5pm	High School Club 2:30-4:30pm	Vertical Climbing Club 3:45-5pm		