# BV Regional Pool & Rec Centre January - March 2026

Opens December 4th at 8am

Winter Registration



**FAMILY CLIMB** 

\$23.10



## Belayed Single Sessions

Beginner-friendly, gear included

MONKEY CLIMB

(7-18 yrs)

Wed/Fri/Sat

5:30-7pm \$11.05

Registration required. Children under 7 need a caregiver 16 yrs +.

TEEN CLIMB

(12-18 yrs)

7:30-8:30pm

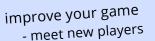
ADULT CLIMB (18 yrs +)

(max of 5 immediate family members)

8-9pm \$18

11:30-1pm

LADIES + NIGHT CLIMB (18 yrs +)









(14 yrs +)

\$11.05

## Climbing

## Programs

LITTLE ROCKERS

(18 mo-5 yrs)

Jan 13 - Mar 17 Tue

9:30-11am \$58.85

Drop-in fee: \$7.00. Additional tots of the same

Jan 12 - Mar 16

SUPER KIDS CLIMBING CLUB (6-11 yrs) 3:45-5pm

\$79.30 Jan 14 - Mar 11 Wed 3:45-5pm

VERTICAL CLIMBING CLUB

Kids Youth

**INTRO TO CLIMB** 

Jan 15 Feb 19

Thu 6:30-9pm \$65 Mar 12 Thu 6:30-9pm \$65

6:30-9pm

WOMEN ON WALLS

(18 yrs +)Jan 5 - Feb 9 6-7:30pm \$126.40

Jan 16 - Mar 20 Fri 3:45-5pm



In the Pool or the Climbing Wall







KIDS CAMP

NID

Feb 13 SPRING BREAK

Mar 23 - 27 Mar 30 - Apr 2 (5-12 yrs)

8:30am-4pm \$48/day

Mon-Fri 8:30am-4pm \$48/day or \$215/week Mon-Thu 8:30am-4pm \$48/day or \$172/week

### Winter Yoga Classes With Kate MORNING FLOW

Jan 6 - Mar 19 Tue/Thu

6:30-7:30am \$17/ class







## Aquafit Schedule

Wed/Fri

Water Fit 9:05-9:50am

Tue/Thu

Gentle Fit 9:05-9:50am Power Agua 7:05-7:50pm









# Winter Programs



### **SWIM LESSONS**

<b></b>			
PARENT & TOT	PRESCHOOL  →⊗VO●○◇⊗→		SWIMMER 1-9 ADULT/TEEN
Jan 13 - Mar 10	Tue	9 Sessions	Evenings
Jan 13 - Feb 12	Tue/Thu	10 Sessions	Evenings
Jan 14 - Mar 11	Wed	9 Sessions	Evenings
Jan 15 - Mar 12	Thu	9 Sessions	Evenings
Jan 16 - Mar 13	Fri	9 Sessions	Mornings
Jan 17 - Mar 14	Sat	8 Sessions	Mornings



Participants must complete their current program and receive their report card result before registering in the following program set or season.





**BRONZE MEDALS** 



**BRONZE MEDALLION** \$247.60

Pre-req.: 13 yrs + or Bronze Star

Lifesaving

and

First Aid

Jan 4 - 11

Sun Thu 9:30am-5:30pm

2:30-8pm

**BRONZE CROSS** 

Pre-req.: Bronze Medallion

lan 17 - 24

Sat

Thu

9am-5:30pm 2:30-8pm

\$199

**LIFEGUARD** TRAINING Subsidy



Dive Into Your Future: Make Waves in Aquatics!

### FIRST AID COURSES (14 yrs +)

### STANDARD FIRST AID & CPR-C/AED (INTERMEDIATE)

Dec 7 & 14 10am-6:30pm \$281.40

10am-6:30pm \$281.40 Mar 15 & 22 Sun

CPR-C/AED

Dec 7 Sun 10am-3pm \$104.20 \$104.20 Mar 15 Sun 10am-3pm

FIRST AID RECERT (14 yrs +)Check back with us in February!



SWIM INSTRUCTOR RECERT

Pre-req.: 15 yrs +, Bronze Cross, SFA

Mar 9 4-9pm Mon



SWIM & LIFESAVING INSTRUCTOR \$742

Pre-req.: 15 yrs +, Bronze Cross need not be current

Mar 23 - Apr 1 Mon-Wed 9am-5:30pm 8 hours Practice Teaching mandatory April 7-10 and Apr 18-26 **NATIONAL LIFEGUARD** 

Spring or Summer 2026

## **SPECIAL**

Teen Night

Loud music, snacks and hot tubbing with friends! Ages 11-17, 8:30-10pm, \$5



Winter Wonderland Swim Fun games in the pool and Polar dip challenge! 1:30-3pm



Family Day Weekend

Interested in sponsoring a fun swim/climb? Contact

\$95



Spring Splash

Join us in the pool for a spring-themed fun! 1:30-3pm



**Bouldering Comp and** Social Kids: 1-2:30pm

Youth/Adults: 3-5pm



**BV Otters Swim Meet** Feb 28: 8:30am-8:30pm Mar 1: 7am-2pm



**Easter Bunny Climb** 

Make a basket, hunt for eggs, face painting, games, and more! 2:30-4pm