

BV Regional Pool & Rec Centre

January - March 2026



Winter Registration

Opens December 4th at 8am

INTRO TO SQUASH

YOUTH (9-13 yrs)
Jan 14 - Feb 4 Wed 4-5pm \$28.65

ADULTS (18 yrs +)
Jan 13 - Feb 3 Tue 6-7pm \$72.50

SQUASH DRILL NIGHTS

(13 yrs +)

These sessions are for players of all levels, focusing on improving technique, agility, and tactical skills in a fun and supportive environment.

Dec 2	Tue	6-7pm	Regular Admission
Dec 4	Thu	6-7pm	Regular Admission
Dec 9	Tue	6-7pm	Regular Admission
Dec 11	Thu	6-7pm	Regular Admission



Belated Single Sessions

Beginner-friendly, gear included

MONKEY CLIMB (7-18 yrs)
Wed/Fri/Sat 5:30-7pm \$11.05

Registration required. Children under 7 need a caregiver 16 yrs +.

TEEN CLIMB (12-18 yrs)
Fri 7:30-8:30pm \$11.05

FAMILY CLIMB

Sat 11:30-1pm \$23.10
(max of 5 immediate family members)

ADULT CLIMB (18 yrs +)
Wed 8-9pm \$18

LADIES + NIGHT CLIMB (18 yrs +)
Mon 8-9pm \$18

improve your game
- meet new players

SQUASH LADDER



WALL CLUB \$15 yearly fee for membership

Pre-requisite: 19 or older with two years of BVRP&RC belay card experience or proven climbing skills. After orientation, members can use the Climbing Wall during operating hours.

ORIENTATION (19 yrs +)
Jan 29 Thu 6:30-8pm

Access the wall any time the facility is open!

Climbing Programs

LITTLE ROCKERS (18 mo-5 yrs)

Jan 13 - Mar 17 Tue 9:30-11am \$58.85

Drop-in fee: \$7.00. Additional tots of the same family: \$4.

SUPER KIDS CLIMBING CLUB (6-11 yrs)

Jan 12 - Mar 16 Mon 3:45-5pm \$79.30

Jan 14 - Mar 11 Wed 3:45-5pm \$79.30

VERTICAL CLIMBING CLUB (12-18 yrs)

Jan 16 - Mar 20 Fri 3:45-5pm \$142

Kids Youth Adult

INTRO TO CLIMB (14 yrs +)

Jan 15 Thu 6:30-9pm \$65

Feb 19 Thu 6:30-9pm \$65

Mar 12 Thu 6:30-9pm \$65

WOMEN ON WALLS (18 yrs +)

Jan 5 - Feb 9 Mon 6-7:30pm \$126.40

CELEBRATE YOUR BIRTHDAY

In the Pool
or the
Climbing Wall



KIDS CAMP

(5-12 yrs)

NID

Feb 13 Fri 8:30am-4pm \$48/day

SPRING BREAK

Mar 23 - 27 Mon-Fri 8:30am-4pm \$48/day or \$215/week

Mar 30 - Apr 2 Mon-Thu 8:30am-4pm \$48/day or \$172/week

Winter Yoga Classes With Kate

MORNING FLOW

Jan 6 - Mar 19 Tue/Thu 6:30-7:30am \$17/class

Join us for a refreshing start!

Get a
Winter Yoga
10-punch pass
for \$140
and save!



Fitness



Aquafit Schedule

Wed/Fri

Water Fit
9:05-9:50am

Tue/Thu

Gentle Fit
9:05-9:50am

Power Aqua
7:05-7:50pm



250-847-4244



info@bvpool.com



www.bvpool.com

Winter Programs

SWIM LESSONS

PARENT & TOT	PRESCHOOL	SWIMMER 1-9 ADULT/TEEN
Jan 13 - Mar 10	Tue	9 Sessions
Jan 13 - Feb 12	Tue/Thu	10 Sessions
Jan 14 - Mar 11	Wed	9 Sessions
Jan 15 - Mar 12	Thu	9 Sessions
Jan 16 - Mar 13	Fri	9 Sessions
Jan 17 - Mar 14	Sat	8 Sessions
		Evenings
		Evenings
		Evenings
		Evenings
		Mornings
		Mornings



Participants must complete their current program and receive their report card result before registering in the following program set or season.



RED CROSS BABYSITTER (11 yrs +)

The Canadian Red Cross Babysitting course covers everything from managing difficult behaviours to essential content on leadership and professional conduct as a babysitter.

Jan 15 & 18 Thu Sun 2:30-7pm 10:30am-3:30pm \$82.95



BRONZE MEDALS



BRONZE MEDALLION \$247.60

Pre-req.: 13 yrs + or Bronze Star

Jan 4 - 11 Sun Thu 9:30am-5:30pm 2:30-8pm

BRONZE CROSS \$199

Pre-req.: Bronze Medallion

Jan 17 - 24 Sat Thu 9am-5:30pm 2:30-8pm

Dive Into Your Future: Make Waves in Aquatics!

LIFEGUARD TRAINING Subsidy



*Lifesaving
and
First Aid*

FIRST AID COURSES (14 yrs +)

STANDARD FIRST AID & CPR-C/AED (INTERMEDIATE)

Dec 7 & 14 Sun 10am-6:30pm \$281.40
Mar 15 & 22 Sun 10am-6:30pm \$281.40

CPR-C/AED

Dec 7 Sun 10am-3pm \$104.20
Mar 15 Sun 10am-3pm \$104.20

FIRST AID RECERT (14 yrs +)

Check back with us in February!

SWIM INSTRUCTOR RECERT \$95

Pre-req.: 15 yrs +, Bronze Cross, SFA

Mar 9 Mon 4- 9pm

SWIM & LIFESAVING INSTRUCTOR \$742

Pre-req.: 15 yrs +, Bronze Cross need not be current

Mar 23 - Apr 1 Mon-Wed 9am-5:30pm

8 hours Practice Teaching mandatory April 7-10 and Apr 18-26



NATIONAL LIFEGUARD

Spring or Summer 2026



SPECIAL EVENTS:

02
JAN

Winter Wonderland Swim
Fun games in the pool and Polar dip challenge!
1:30-3pm

13-16
FEB

Family Day Weekend
Interested in sponsoring a fun swim/climb? Contact us!

21
MAR

Spring Splash
Join us in the pool for a spring-themed fun!
1:30-3pm

07
FEB

Bouldering Comp and Social
Kids: 1-2:30pm
Youth/Adults: 3-5pm

28
FEB,
01
MAR

BV Otters Swim Meet
Feb 28: 8:30am-8:30pm
Mar 1: 7am-2pm

28
MAR

Easter Bunny Climb
Make a basket, hunt for eggs, face painting, games, and more! 2:30-4pm

First
Friday
Each
Month

Teen Night
Loud music, snacks and hot tubbing with friends!
Ages 11-17, 8:30-10pm, \$5