

FALL PROGRAMS



by regional
Pool & Recreation Centre

1316 Toronto St. Smithers, BC 250-847-4244 www.bvpool.com

Swimming Lessons

PARENT & TOT	PRESCHOOL	SWIMMER 1-9 ADULT/TEEN
Sep 19 - Oct 3	Sat	3 Sessions
Sep 22 - Oct 22	Tue/Thu	10 Sessions
Sep 25 - Nov 13	Fri	8 Sessions
Oct 7 - Dec 2	Wed	8 Sessions
Oct 17 - Nov 7	Sat	4 Sessions
Nov 3 - Dec 3	Tue/Thu	10 Sessions
Nov 4 - Dec 4	Wed/Fri	9 Sessions
Nov 14 - Dec 5	Sat	4 Sessions
		Mornings
		Evenings
		Evenings
		Evenings
		Mornings
		Evenings
		Evenings
		Mornings

Celebrate YOUR BIRTHDAY

In the Pool
or the
Climbing Wall



Participants must complete their current program and receive their report card result before registering in the following program set or season.



Unsure what swim level to register in?
Complete a Swim Assessment by one of our certified instructors at the BV Pool during opening hours (Subject to Staff Availability)

Red Cross Babysitter

(11 yrs +)

The Canadian Red Cross Babysitting course covers everything from managing difficult behaviours to essential content on leadership and professional conduct as a babysitter.

Oct 20 - 22 Tue - Thu 5:30 - 8:30pm \$91.25

Lifeguard Training Subsidy



Bronze Star

Pre-req.: 12 yrs

Nov 22 + 29 Sun 1 - 6pm

\$122.25



Bronze Cross

Pre-req.: Bronze Medallion

Dec 28 - 31 Mon - Thu 12 - 6pm

\$218.90

Plunge Into Tomorrow, Create Ripples in Aquatics!

Lifesaving and First Aid

First Aid Courses (14 yrs +)

Standard First Aid & CPR-C/AED (Intermediate)

Nov 25 - 28 Wed/Fri 4 - 9pm 309.55
Sat 9:30am - 4pm

CPR-C/AED

Nov 25 Wed 4 - 9pm \$114.60



First Aid RECERTs (14 yrs +)

Standard First Aid & CPR-C/AED (Intermediate)

Nov 8 Sun 10am - 6:30pm \$132

CPR-C/AED

Nov 8 Sun 10am - 2pm \$76.25



Swim For Life Instructor Recert

\$104.50

Pre-req.: Swim For Life Instructor Certification

Dec 20 Sun 11:30am - 4pm

SPECIAL EVENTS:

Sept 18

Teen Night Pool Party

11-18 yrs
9 - 10:30pm, \$5.35

Oct 24

Spooktacular

6-12 yrs
1:30 - 3pm, \$13.20

Registration and signed waiver required

Oct 24

Spook Swim

3:30 - 5pm, \$5.35

Nov 14

Boulder Fest Kick Off

Kids (6-11)
12 - 1:15pm, \$13.20
Youth/Adult (12yrs+)
2 - 4:30pm, \$22

Dec 12

Climb with Santa

6 - 12 yrs
1 - 2:30pm, \$13.20

Registration and signed waiver required

Dec 29

Winter Wonderland Swim

Tue 1:30 - 3pm, \$5.35

BV Regional Pool & Rec Centre

September -December 2026

FALL REGISTRATION OPENS
AUG 20 AT 8AM

Intro to Squash

Youth (9 - 13 yrs)

Nov 3 - 24 Tue 4 - 5pm \$31.90

Women Only

Sept 15 - 24 Tue/Thu 6 - 7pm \$79.75



Adults

(18 yrs +)

Oct 8 - 29 Thu 6 - 7pm \$79.75

Nov 5 - 26 Thu 6 - 7pm \$79.75



Belayed Single Sessions

Beginner-friendly, gear included

Monkey Climb

(7 - 18 yrs)

Wed/Fri/Sat 5:30 - 7pm \$12.15

Registration required. Children under 7 need a caregiver 16 yrs +.

Teen Climb

(12 - 18 yrs)

Fri 7:30 - 8:30pm \$12.15

Family Climb

Sat 11:30 - 1pm \$25.40

(max of 5 immediate family members)

Adult Climb

(18 yrs +)

Wed 8 - 9pm \$19.80

Ladies+ Night Climb

(18 yrs +)

Tue 8 - 9pm \$19.80

Wall Club

\$15 yearly fee for membership

Pre-requisites: 19 or older with two years of BVRP&RC belay card experience or proven climbing skills. After orientation, members can use the Climbing Wall during operating hours.

Orientation

Oct 1 Thu 6:30 - 8pm

Renewal & Orientation

Oct 29 Thu 6:30 - 8pm

Refresh your belaying skills in just 30 minutes for \$18.20! More info at bvpool.com.

SQUASH DRILL NIGHTS

(13 yrs +)

These sessions are for players of all levels, focusing on improving technique, agility, and tactical skills in a fun and supportive environment.

Nov 5 Thu 7 - 8pm Regular Admission

Nov 12 Thu 7 - 8pm Regular Admission

Nov 19 Thu 7 - 8pm Regular Admission

Nov 26 Thu 7 - 8pm Regular Admission

Join our squash drill nights to elevate your game!

squash ladder



improve your game
- meet new players

CLIMBING

Youth + Adults

PROGRAMS

Children

Vertical Climbing Club

(12 - 18 yrs)

Sep 25 - Nov 20 Fri 3:45 - 5pm \$140.60

Intro to Climbing

(14 yrs +)

Sep 24 Thu 6:30 - 9pm \$71.50

Oct 8 Thu 6:30 - 9pm \$71.50

Dec 3 Thu 6:30 - 9pm \$71.50

WOW Women on Walls

(18 yrs +)

Sep 22 - Oct 27 Tue 6 - 7:30pm \$140



Little Rockers

(18 mo - 5 yrs)

Oct 7 - Dec 16 Wed 9:30 - 11am \$64.74

Drop-in fee: \$7.70. Additional tots of the same family: \$4.40.

Super Kids Climbing Club

(6 - 11 yrs)

Sep 15 - Nov 17 Tue 3:45 - 5pm \$96.90 (10)

Oct 7 - Dec 9 Wed 3:45 - 5pm \$87.20 (9)

NID Camps

Kids Camp

(5 - 12 yrs)

NID - SD54

Oct 23 Fri 8:30am - 4pm \$52.80/day

Nov 20 Fri 8:30am - 4pm \$52.80/day

AquaFit Instructors Course (CFES)

Pre-req.: Completed Fitness Theory

This course will teach you foundation knowledge and instructor skills to successfully complete CFES Aquafit Instructor certification — enabling you to program and lead basic water fitness classes.

4 people needed to register by August 27.

Sep 11 & 12 Fri/Sat 9am - 5:30pm \$590.00

Fitness



Aquafit Schedule

Wed/Fri

Water Fit

9:05 - 9:50am

Tue/Thu

Gentle Fit

9:05 - 9:50am

Power Aqua

7:05 - 7:50pm



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