

BV Regional Pool & Rec Centre

FALL PROGRAMS 2025

FALL REGISTRATION

Opens Aug 21 at 8am

JUNIOR LIFEGUARD CLUB (8-13 yrs)

Plunge into Adventure! Unleash your inner hero and embark on an aquatic journey filled with skills, fun, and friendship.



Sep 25 - Dec 11 Thu 2:45-4pm \$128.58

Must be able to swim one length of the pool independently and tread water for 1 minute.

BRONZE MEDALS

Bronze Medallion

Pre-req.: 13 yrs + or Bronze Star

Sep 18 - 27 Thu 3-7pm Sat 10am-5pm \$247.60

Bronze Cross

Pre-req.: Bronze Medallion

Oct 3 - 18 Fri 4-8pm Sat 10am-4pm \$199

Dive Into Your Future: Make Waves in Aquatics!



FIRST AID COURSES (14 yrs +)

CPR-C/AED

Oct 5 Sun 10am-3pm \$104.20
Dec 7 Sun 10am-3pm \$104.20

Standard First Aid & CPR-C/AED (Intermediate)

Oct 12 & 19 Sun 10am-6:30pm \$281.40
Dec 7 & 14 Sun 10am-6:30pm \$281.40

FIRST AID RECERT (14 yrs +)

CPR-C/AED

Nov 15 Sun 10:30am-2:30pm \$69.30

Standard First Aid & CPR-C/AED (Intermediate)

Nov 15 Sun 10:30am-7pm \$120

FIRST AID AND LIFESAVING

LIFEGUARD TRAINING SUBSIDY



Swim Lesson

PARENT & TOT



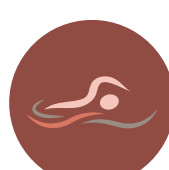
Sep 22 - Dec 8
Sep 23 - Dec 9
Sep 24 - Dec 10
Sep 25 - Dec 11
Sep 26 - Dec 12
Sep 27 - Dec 13
Sep 28 - Dec 14

PRESCHOOL



Mon 10 Sessions
Tue 10 Sessions
Wed 12 Sessions
Thu 12 Sessions
Fri 12 Sessions
Sat 11 Sessions
Sun 11 Sessions

SWIMMER 1-9 ADULT/TEEN



Afternoons
Evenings
Evenings
Evenings
Mornings
Mornings
Evenings



Participants must complete their current program and receive their report card result before registering in the following program set or season.

RED CROSS BABYSITTER (11 yrs +)

The Canadian Red Cross Babysitting course covers everything from managing difficult behaviours to essential content on leadership and professional conduct as a babysitter.

Oct 27 - Nov 3 Monday 5:30-8:30pm Saturday 12-4pm \$82.95

NATIONAL LIFEGUARD

Pre-req.: 15 yrs +, Bronze Cross, SFA

Oct 26 - Nov 30 Sun 10am-6:30pm
Mon (NID) 10am-6:30pm \$542.50
Sun (Nov 30) 10am-6:30pm



Birthday Bookings

Celebrate your child's birthday at the BV Pool & Rec Centre in the Pool or Climbing Wall! For more information, available dates or to book online, visit:





Single Belayed Sessions

Beginner-friendly, gear included

MONKEY CLIMB (7-18 yrs)
Wed/Fri/Sat 5:30-7pm \$11.05
Registration required. Children under 7 need a caregiver 16+yrs.

TEEN CLIMB (12-18 yrs)
Fri 8-9pm \$11.05

ADULT CLIMB (19 yrs +)
Wed 8-9pm \$18

FAMILY CLIMB (max of 5 immediate family members)
Sat 11:30-1pm \$23.10

WALL CLUB \$15 yearly fee for membership
Pre-requisite: 19 or older with two years of BVRP&RC belay card experience or proven climbing skills. After orientation, members can use the Climbing Wall during operating hours.

Orientation
Oct 2 Thu 6:30-8pm

Renewal
Oct 23 Thu 6:30-8pm

Access the wall any time the facility is open!



INTRO TO SQUASH

Adult - Women Only
Sep 22 - oct 1 Mon/Wed 6-7pm \$72.50

Adults
Oct 7 - 28 Tue 6-7pm \$72.50
Nov 5 - 26 Wed 6-7pm \$72.50

Youth
Nov 5 - 26 Wed 4-5pm \$28.65



SQUASH LADDER



Improve your game, meet new players!



SQUASH DRILL NIGHTS (13 yrs +)

These sessions are for players of all levels, focusing on improving technique, agility, and tactical skills in a fun and supportive environment.

Dec 2	Tue	6-7pm	Regular Admission
Dec 4	Thu	6-7pm	Regular Admission
Dec 9	Tue	6-7pm	Regular Admission
Dec 11	Thu	6-7pm	Regular Admission

Join our squash drill nights to elevate your game!

LITTLE ROCKERS (18 mo-5 yrs)
Oct 7 - Dec 16 Tuesday 9:30-11am \$58.85
Drop-in fee: \$7.00. Additional tots of the same family: \$4.



KIDS CAMP (5-12 yrs)
Oct 24 Friday 8:30am-4pm \$48/day
Nov 10 Monday 8:30am-4pm \$48/day



SUPER KIDS CLIMBING CLUB (6-11yrs)
Sep 22 - Dec 1 Monday 3:45-5pm \$88.10
Sep 24 - Nov 26 Wednesday 3:45-5pm \$88.10



VERTICAL CLIMBING CLUB (12-17yrs)
Sep 26 - Dec 5 Friday 3:45-5pm \$142

INTRO TO CLIMB (14yrs +)
Sep 25 Thursday 6:30-9pm \$65
Oct 16 Thursday 6:30-9pm \$65
Nov 13 Thursday 6:30-9pm \$65

Fall Aquafit Schedule

Mon/Wed/Fri
Water Fit
9:05-9:50am



Tue/Thu
Gentle Fit 9:05-9:50am
Power Aqua 7:05-7:50pm



EVENTS:

TEEN NIGHT
Oct 3, Nov 7, Dec 5 Fri 9-10:30pm \$5

SQUASH SOCIAL
Oct 9 Thu 6-8pm Regular Admission

SPOOKTACULAR
Oct 25 Sat 1:30-3pm \$12

SPOOK SWIM
Oct 25 Sat 3:30-5pm \$5

CLIMB WITH SANTA
Dec 6 Sat 1-2:30pm \$12

WINTER WONDERLAND SWIM
Jan 2 Fri 1:30-3pm \$5