

BV Regional Pool & Rec Centre

March - June 2026

Registration Opens February 26th at 8am

INTRO TO SQUASH

YOUTH Apr 8 - 29	(9-13 yrs) Wed 4-5pm \$31.90	ADULTS Apr 7 - 28	(18 yrs +) Tue 6-7pm \$79.75
		May 5 - 26	Tue 6-7pm \$79.75



Belayed Single Sessions

Beginner-friendly, gear included

MONKEY CLIMB Wed/Fri/Sat	(7-18 yrs) 5:30-7pm \$12.15
<i>Registration required. Children under 7 need a caregiver 16 yrs +.</i>	
TEEN CLIMB Fri	(12-18 yrs) 7:30-8:30pm \$12.15

FAMILY CLIMB

Sat 11:30-1pm \$25.40
(max of 5 immediate family members)

ADULT CLIMB (18 yrs +)
Wed 8-9pm \$19.80

LADIES + NIGHT CLIMB (18 yrs +)
Mon 8-9pm \$19.80

improve your game
- meet new players

SQUASH LADDER



WALL CLUB \$15 yearly fee for membership

Pre-requisite: 19 or older with two years of BVRP&RC belay card experience or proven climbing skills. After orientation, members can use the Climbing Wall during operating hours.

ORIENTATION
Put your name on the interest list.

"Refresh your belaying skills in just 30 minutes for \$18.20!
More info at bvpool.com."

Climbing Programs

Kids Youth Adult

LITTLE ROCKERS (18 mo-5 yrs)
Jan 13 - Mar 17 Tue 9:30-11am \$58.85
Drop-in fee: \$7.00. Additional tots of the same family: \$4. Ends in March; add your name to the interest list.

CELEBRATE YOUR BIRTHDAY

In the Pool or the Climbing Wall



SUPER KIDS CLIMBING CLUB (6-11 yrs)
Apr 13 - Jun 15 Mon 3:45-5pm \$87.20
Apr 15 - Jun 17 Wed 3:45-5pm \$96.90

VERTICAL CLIMBING CLUB (12-18 yrs)
Apr 10 - Jun 12 Fri 3:45-5pm \$156.20

INTRO TO CLIMB (14 yrs +)
Apr 23 Thu 6:30-9pm \$71.50
May 21 Thu 6:30-9pm \$71.50

WOMEN ON WALLS (18 yrs +)
Apr 13 - May 25 Mon 6-7:30pm \$140



KIDS CAMP (5-12 yrs)
SPRING BREAK
Mar 23 - 27 Mon-Fri 8:30am-4pm \$48/day or \$215/week
Mar 28 - Apr 2 Mon-Thu 8:30am-4pm \$48/day or \$172/week
NID
Apr 24 Fri 8:30am-4pm \$52.80/day
May 15 Fri 8:30am-4pm \$52.80/day

Winter Yoga Classes With Kate

MORNING FLOW
Jan 6 - Mar 19 Tue/Thu 6:30-7:30am \$17/class

Join us for a refreshing start!

"Interested in joining our team as a fitness instructor?"



Fitness



AquaFit Schedule

Wed/Fri
Water Fit
9:05-9:50am

Tue/Thu

Gentle Fit
9:05-9:50am

Power Aqua
7:05-7:50pm



250-847-4244



info@bvpool.com



www.bvpool.com

Spring Programs



by regional
Pool & Recreation Centre

SWIM LESSONS

PARENT & TOT	PRESCHOOL	SWIMMER 1-9 ADULT/TEEN
Apr 11 - Jun 13	Sat	9 Sessions
Apr 12 - May 10	Sun	5 Sessions
Apr 14 - Jun 9	Tue	9 Sessions
Apr 15 - Jun 10	Wed	9 Sessions
Apr 16 - Jun 11	Thu	9 Sessions
Apr 17 - Jun 12	Fri	9 Sessions



Participants must complete their current program and receive their report card result before registering in the following program set or season.



JUNIOR LIFEGUARD CLUB

(8-13 yrs)

Plunge into Adventure! Unleash your inner hero and embark on an aquatic journey filled with skills, fun, and friendship.

Apr 15 - Jun 10 Wed 3:45-5:15pm \$106.80

Must be able to swim one length of the pool independently and tread water for 1 minute.



BRONZE MEDALS



BRONZE MEDALLION

\$272.35

Pre-req.: 13 yrs + or Bronze Star

May 22 - Jun 7
Fri Sun

4-6:30pm
9am-2pm

BRONZE CROSS

\$218.90

Pre-req.: Bronze Medallion

Jun 12 - 28

Fri Sun

4-6:30pm
9am-3:30pm

Plunge Into Tomorrow: Create Ripples in Aquatics!

LIFEGUARD TRAINING Subsidy



Lifesaving and First Aid

FIRST AID COURSES

(14 yrs +)

STANDARD FIRST AID & CPR-C/AED (INTERMEDIATE)

Mar 15 & 22 Sun 10am-6:30pm \$281.40

CPR-C/AED

Mar 15 Sun 10am-3pm \$104.20

FIRST AID RECERT

(14 yrs +)

STANDARD FIRST AID & CPR-C/AED (INTERMEDIATE)

Apr 26 Sun 10am-6:30pm \$132

CPR-C/AED

Apr 26 Sun 10am-2pm \$76.25



SWIM INSTRUCTOR RECERT \$95

Pre-req.: 15 yrs +, Bronze Cross, SFA

Mar 9 Mon 4-9pm

LIFESAVING INSTRUCTOR RECERT \$104.50

Pre-req.: Lifesaving Instructor

May 17 Sun 10am-3pm

NATIONAL LIFEGUARD RECERT \$143.45

Pre-req.: National Lifeguard

May 3 Sun 9am-6pm



SPECIAL EVENTS:

28 FEB, 01 MAR

BV Otters Swim Meet
Feb 28: 8:30am-5pm
Mar 1: 7am-2pm

21 MAR

Spring Splash
Join us in the pool for a spring-themed fun!
1:30-3pm

28 MAR

Easter Bunny Climb
Make a basket, hunt for eggs, face painting, games, and more!
2:30-4pm

01 MAY

Teen Night
Loud music, snacks and hot tubbing with friends!
Ages 11-17, 9-10:30pm, \$5

25 JUN

School's Out Party
Dive into an afternoon filled with fun games in the pool from 2-3:30pm!