

BV Regional Pool & Rec Centre

SPRING PROGRAMS 2025

SPRING REGISTRATION

Opens Feb. 20 at 8am

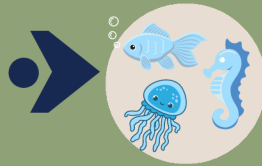
RED CROSS BABYSITTER 11 yrs

The Canadian Red Cross Babysitting course covers everything from managing difficult behaviours to essential content on leadership and professional conduct as a babysitter.

Mar 16 & 23	Sunday	11:30-4:30pm	\$82.95
Jun 3-10	Tuesday Saturday	5:30-8:30pm 9am-1pm	\$82.95

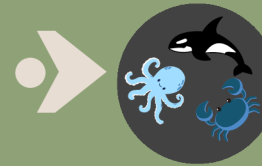
SWIM LESSONS

PARENT & TOT



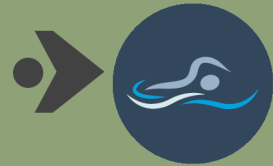
- Apr 4 - Jun 13
- Apr 5 - Jun 14
- Apr 8 - Jun 10
- Apr 9 - Jun 11
- Apr 10 - Jun 12
- Apr 13 - Jun 15

PRESCHOOL



- Fri** 10 Sessions
no class on Apr 18
- Sat** 9 Sessions
no class on Apr 19 or May 17
- Tue** 10 Sessions
- Wed** 10 Sessions
- Thu** 10 Sessions
- Sun** 8 Sessions
no class on Apr 20 or May 18

SWIMMER 1-9 ADULT/TEEN



- Mornings
- Mornings
- Afternoons
- Afternoons
- Afternoons
- Evenings



Participants must complete their current program and receive their report card result before registering in the following program set or season.

JUNIOR LIFEGUARD CLUB 8-13yrs

Are you ready to dive into some serious fun while learning important lifeguarding skills?

Mar 17-21	Mon-Fri	10am-12pm	\$85.70
Apr 9 - Jun 11	Wednesdays	3:45-5:15pm	\$128.60

Must be able to swim one length of the pool independently and tread water for 1 minute.



FIRST AID and LIFESAVING

BRONZE MEDALS

BRONZE MEDALLION \$247.60

Pre-req.: 13 yrs + or Bronze Star

May 23 - Jun 7	Fri Sat	4-6:30pm 9am-2pm
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BRONZE CROSS \$199.00

Pre-req.: 13 yrs + Summer 2025

"The First Step to get your aquatic career started!"

FIRST AID COURSE 14 yrs +

CPR-C/AED
May 24 Sat 10am-3pm \$104.20

STANDARD FIRST AID & CPR-C/AED (INTERMEDIATE)	Mar 8 & 9	Sat/Sun	10am-6:30pm	\$296.40
	May 24 & 25	Sat/Sun	10am-6:30pm	\$281.40

FIRST AID RECERTIFICATIONS

CPR-C/AED - RECERT	Apr 13	Sun	10am-2pm	\$69.30
	Jun 1	Sun	10am-2pm	\$69.30

STANDARD FIRST AID - RECERT	Jun 1	Sun	10am-6:30pm	\$120.00
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NATIONAL LIFEGUARD 15 yrs +

Pre-req.: 15 yrs +, SFA & Bronze Cross

Mar 17-26	Mon-Wed	10-6:30pm	\$542.50
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NATIONAL LIFEGUARD RECERTIFICATION

Houston will be offering on May 4th.



LIFEGUARD TRAINING Subsidy



Birthday Bookings

Celebrate your child's birthday at the BV Pool & Rec Centre in the Pool or Climbing Wall! For more information, available dates or to book online, visit:





CLIMBING



SQUASH



FITNESS

Single Belayed Sessions

BEGINNER-FRIENDLY, GEAR INCLUDED

MONKEY CLIMB (7-18yrs)

Wed/Fri/Sat 5:30-7pm \$11.05
Registration required. Children under 7 need a caregiver 16+yrs.

TEEN CLIMB (12yrs +)

Fri 8-9pm \$11.05

ADULT CLIMB (19yrs +)

Wed 8-9pm \$18.00

FAMILY CLIMB (max of 5 immediate family members)

Sat 11:30-1pm \$23.10



LITTLE ROCKERS (18mo-5yrs)

Apr 1 - Jun 17 Tuesday 9:30-11am \$70.65
Drop-in fee: \$7.00. Additional tots of the same family: \$4.

KIDS CAMP (5-12yrs)

March Break
Mar 17 - 28 Mon-Fri 8:30am-4pm \$48/day or \$215/week
NID - BC
May 16 Friday 8:30am-4pm \$48/day

SUPER KIDS CLIMBING CLUB (6-11yrs)

Apr 8 - Jun 10 Tuesday 3:45-5pm \$88.10
Apr 9 - Jun 11 Wednesday 3:45-5pm \$88.10

VERTICAL CLIMBING CLUB (12-18yrs)

Apr 4 - Jun 13 Friday 3:45-5pm \$142.00

INTRO TO CLIMB (14yrs +)

Mar 13 Thursday 6:30-9pm \$65.00
Apr 17 Thursday 6:30-9pm \$65.00
May 22 Thursday 6:30-9pm \$65.00
Jun 19 Thursday 6:30-9pm \$65.00

Always wanted to learn the game? Now's your chance to learn the basics! Racquets and eye protection are supplied, just bring indoor shoes.



INTRO TO SQUASH

Mar 11 - Apr 1 Tue 6-7pm \$72.50 18yrs +
Apr 8-29 Tue 6-7pm \$72.50 18yrs +
May 6-27 Tue 6-7pm \$72.50 18yrs +



INTRO TO SQUASH - JUNIOR

Apr 9-30 Wed 4-5pm \$28.65 9-13yrs

Squash

LADDER

IMPROVE YOUR GAME - MEET NEW PLAYERS



POWER LUNCH

Energy-boosting lunch time fitness class to get you through the afternoon.

Apr 1 - Jun 26 Tue/Thu 12:05-12:55pm

EARLY SWEATCAMP

Start your morning in a good way with an efficient and fun bootcamp.

Apr 2 - Jun 27 Wed/Fri 6:10-7am

FITNESS STUDIO ORIENTATION

Learn how to use the gym equipment and some tips on how to get started on your fitness goals!

Apr 11 Fri 10:30am-12pm \$36

Dryland Fitness



Participate in any of the Fitness classes!
Drop-in \$17. Winter Fitness 10-punch pass for \$140 and save!



Spring Aquafit Schedule

Tue & Thu

Gentle Fit
9:05-9:50am

Power Aqua
7:15-8pm

Wed & Fri

Water Fit
9:05-9:50am

EVENTS:

TEEN NIGHT

Mar 7, Apr 4, May 2, Jun 6 Fri 9pm-10:30pm \$5

SPRING SPLASH

Mar 22 Sat 1:30-3pm \$5

EASTER BUNNY CLIMB

Apr 12 Sat 2:30-4pm \$12

SCHOOL'S OUT PARTY

Jun 26 Thu 2-3:30pm \$5

SPRING BOULDER FEST

Kick off!
Apr 26 Sat
Stay tuned for more details!