

# BV Regional Pool & Rec Centre

March - June 2026

Registration Opens February 26<sup>th</sup> at 8am

## INTRO TO SQUASH

<b>YOUTH</b> Apr 8 - 29	(9-13 yrs) Wed 4-5pm \$31.90	<b>ADULTS</b> Apr 7 - 28	(18 yrs +) Tue 6-7pm \$79.75
		May 5 - 26	Tue 6-7pm \$79.75



## Belayed Single Sessions

Beginner-friendly, gear included

<b>MONKEY CLIMB</b> Wed/Fri/Sat	(7-18 yrs) 5:30-7pm	\$12.15
<i>Registration required. Children under 7 need a caregiver 16 yrs +.</i>		
<b>TEEN CLIMB</b> Fri	(12-18 yrs) 7:30-8:30pm	\$12.15

<b>FAMILY CLIMB</b> Sat	11:30-1pm	\$25.40	(max of 5 immediate family members)
<b>ADULT CLIMB</b> Wed	8-9pm	\$19.80	(18 yrs +)
<b>LADIES + NIGHT CLIMB</b> Mon	8-9pm	\$19.80	(18 yrs +)

improve your game  
- meet new players

## SQUASH LADDER



**WALL CLUB** \$15 yearly fee for membership

Pre-requisite: 19 or older with two years of BVRP&RC belay card experience or proven climbing skills. After orientation, members can use the Climbing Wall during operating hours.

**ORIENTATION**  
Put your name on the interest list.

"Refresh your belaying skills in just 30 minutes for \$18.20!  
More info at [bypool.com](http://bypool.com)."

## Climbing Programs

**Kids Youth Adult**

**LITTLE ROCKERS** (18 mo-5 yrs)  
Jan 13 - Mar 17 Tue 9:30-11am \$58.85  
*Drop-in fee: \$7.00. Additional tots of the same family: \$4. Ends in March; add your name to the interest list.*

## CELEBRATE YOUR BIRTHDAY

In the Pool or the Climbing Wall



<b>SUPER KIDS CLIMBING CLUB</b> Apr 13 - Jun 15	Mon	3:45-5pm	\$87.20	(6-11 yrs)
Apr 15 - Jun 17	Wed	3:45-5pm	\$96.90	
<b>VERTICAL CLIMBING CLUB</b> Apr 10 - Jun 12	Fri	3:45-5pm	\$156.20	(12-18 yrs)

<b>INTRO TO CLIMB</b> Apr 23	Thu	6:30-9pm	\$71.50	(14 yrs +)
May 21	Thu	6:30-9pm	\$71.50	
<b>WOMEN ON WALLS</b> Apr 13 - May 25	Mon	6-7:30pm	\$140	(18 yrs +)

<b>KIDS CAMP</b> SPRING BREAK Mar 23 - 27	Mon-Fri	8:30am-4pm	\$48/day or \$215/week	(5-12 yrs)
Mar 30 - Apr 2	Mon-Thu	8:30am-4pm	\$48/day or \$172/week	
<b>NID</b> Apr 24	Fri	8:30am-4pm	\$52.80/day	
May 15	Fri	8:30am-4pm	\$52.80/day	

## Winter Yoga Classes With Kate

**MORNING FLOW**  
Jan 6 - Mar 19 Tue/Thu 6:30-7:30am \$17/class

Join us for a refreshing start!

"Interested in joining our team as a fitness instructor?"



# Fitness



## AquaFit Schedule

Wed/Fri  
**Water Fit**  
9:05-9:50am  
Tue/Thu

**Gentle Fit** 9:05-9:50am  
**Power Aqua** 7:05-7:50pm



250-847-4244



info@bypool.com



www.bypool.com

# Spring Programs



by regional  
Pool & Recreation Centre

## SWIM LESSONS

PARENT & TOT	PRESCHOOL	SWIMMER 1-9 ADULT/TEEN
Apr 11 - Jun 13	Sat	9 Sessions
Apr 12 - May 10	Sun	5 Sessions
Apr 14 - Jun 9	Tue	9 Sessions
Apr 15 - Jun 10	Wed	9 Sessions
Apr 16 - Jun 11	Thu	9 Sessions
Apr 17 - Jun 12	Fri	9 Sessions



Participants must complete their current program and receive their report card result before registering in the following program set or season.

## JUNIOR LIFEGUARD CLUB

(8-13 yrs)

Plunge into adventure! Unleash your inner hero and embark on an aquatic journey filled with skills, fun, and friendship.

Apr 15 - Jun 10 Wed 3:45-5:15pm \$106.05

Must be able to swim one length of the pool independently and tread water for 1 minute.



## BRONZE MEDALS



### BRONZE MEDALLION

\$272.35

Pre-req.: 13 yrs + or Bronze Star

May 22 - Jun 7 Fri  
Sun

4-6:30pm  
9am-2pm

### BRONZE CROSS

\$218.90

Pre-req.: Bronze Medallion

Jun 12 - 28 Fri  
Sun

4-6:30pm  
9am-3:30pm

Plunge Into Tomorrow: Create Ripples in Aquatics!

## RED CROSS BABYSITTER

(11 yrs +)

The Canadian Red Cross Babysitting course covers everything from managing difficult behaviours to essential content on leadership and professional conduct as a babysitter.

Apr 23 & 30 Thu 3:30-8:30pm \$91.25

## Lifesaving and First Aid

### FIRST AID COURSES

(14 yrs +)

#### STANDARD FIRST AID & CPR-C/AED (INTERMEDIATE)

Mar 15 & 22 Sun 10am-6:30pm \$281.40

#### CPR-C/AED

Mar 15 Sun 10am-3pm \$104.20

### FIRST AID RECERTS

(14 yrs +)

#### STANDARD FIRST AID & CPR-C/AED (INTERMEDIATE)

Apr 26 Sun 10am-6:30pm \$132

#### CPR-C/AED

Apr 26 Sun 10am-2pm \$76.25

## LIFEGUARD TRAINING Subsidy



### SWIM INSTRUCTOR RECERT

\$95

Pre-req.: 15 yrs +, Bronze Cross

Mar 9 Mon 4-9pm

### LIFESAVING INSTRUCTOR RECERT

\$104.50

Pre-req.: Lifesaving Instructor

May 17 Sun 10am-3pm

### NATIONAL LIFEGUARD RECERT

\$143.45

Pre-req.: National Lifeguard

May 3 Sun 9am-6pm



## SPECIAL EVENTS:

28 FEB, 01 MAR

### BV Otters Swim Meet

Feb 28: 8:30am-5pm  
Mar 1: 7am-2pm

21 MAR

### Spring Splash

Join us in the pool for a spring-themed fun!  
1:30-3pm

28 MAR

### Easter Bunny Climb

Make a basket, hunt for eggs, face painting, games, and more! 2:30-4pm

01 May

### Teen Night

Loud music, snacks and hot tubbing with friends!  
Ages 11-18, 9-10:30pm, \$5

25 JUN

### School's Out Party

Dive into an afternoon filled with fun games in the pool from 2-3:30pm!