

# BV Regional Pool & Rec Centre

## SUMMER PROGRAMS 2025



### SUMMER REGISTRATION



Opens May 15  
at 8am

#### RED CROSS BABYSITTER

11 yrs

The Canadian Red Cross Babysitting course covers everything from managing difficult behaviours to essential content on leadership and professional conduct as a babysitter.

Jun 3 - 10	Monday Tuesday	4-7pm 5:30-8:30pm	\$82.95
Aug 21 - 29	Thursday Friday	5-8pm	\$82.95

### FIRST AID AND LIFESAVING

#### BRONZE MEDALS

Dive Into Your Future: Make Waves in Aquatics!

Bronze Medallion \$247.60  
Pre-req.: 13 yrs + or Bronze Star

May 23 - Jun 7 Fri Sat 4pm-6:30pm 9am-2pm

Jul 2 - 5 Wed-Sat 9am-3pm

Bronze Cross \$199.00  
Pre-req.: Bronze Medallion

Jul 11 - 18 Fri/Sat 9am-5pm

**LIFEGUARD TRAINING SUBSIDY**



#### FIRST AID COURSES

14 yrs +

CPR-C/AED

May 24 Sat 10am-3pm \$104.20  
Aug 10 Sun 10:30am-3:30pm \$104.20

STANDARD FIRST AID & CPR-C/AED (INTERMEDIATE)

May 24 & 25 Sat 10am-6:30pm \$281.40  
Aug 10 & 17 Sun 10:30am-7pm \$281.40

#### FIRST AID RECERTIFICATIONS

CPR-C/AED

Jun 1 Sun 10am-2pm \$104.20

STANDARD FIRST AID & CPR-C/AED (INTERMEDIATE)

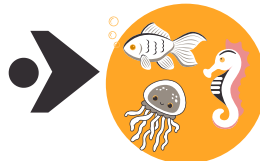
Jun 1 Sun 10am-6:30pm \$281.40

### SWIM LESSONS

PARENT & TOT

PRESCHOOL

SWIMMER 1-9  
ADULT/TEEN



Jul 7 - 30  
Jul 8 - 18  
Jul 22 - Aug 1  
Aug 5 - 15  
Aug 6 - 27  
Aug 19 - 29

M/W  
T-F  
T-F  
T-F  
M/W  
Tu-F



8 Sessions  
8 Sessions  
8 Sessions  
8 Sessions  
7 Sessions  
8 Sessions



Evenings  
Mornings  
Mornings/Afternoons  
Mornings  
Evenings  
Mornings/Afternoons



Participants must complete their current program and receive their report card result before registering in the following program set or season.

#### JUNIOR LIFEGUARD CLUB

8-13yrs

Plunge into Adventure! Unleash your inner hero and embark on an aquatic journey filled with skills, fun, and friendship.

Aug 19 - 29 Tue-Fri 10:30am-12pm \$102.85

Must be able to swim one length of the pool independently and tread water for 1 minute.

#### LIFESAVING SOCIETY INSTRUCTOR

15 yrs +

Pre-req.: Bronze Cross

Full Course

August 2025



### BIRTHDAY BOOKINGS

Celebrate your child's birthday at the BV Pool & Rec Centre in the Pool or Climbing Wall!  
For more information, available dates or to book online, visit:





CLIMBING



SQUASH



FITNESS

# SINGLE BELAYED SESSIONS

Beginner-friendly, gear included

## JULY

MONKEY CLIMB (7-18yrs)

Fri/Sat 5:30-7pm \$11.05

Registration required. Children under 7 need a caregiver 16+yrs.

TEEN CLIMB (12yrs + )

Fri 7-8:30pm \$11.05

## AUGUST

MONKEY CLIMB (7-18yrs)

Wed/Sat 5:30-7pm \$11.05

Registration required. Children under 7 need a caregiver 16+yrs.

TEEN CLIMB (12yrs + )

Wed 7-8:30pm \$11.05



## KIDS CAMP

\$48/day or \$215/week (5-12yrs)

Mon-Fri 8:30am-4pm

Jul 2 - 4 Blast From the Past

Jul 7 - 11 Super Hero Bootcamp

Jul 14 - 18 Safari Summer

Jul 21 - 25 Wet 'N' Wild

Jul 28 - Aug 1 Olympics

Aug 5 - Aug 8 \* Mad Scientist \*\$48/day or \$172/week

Aug 11 - 15 Under the Big Top

Aug 18 - 22 Pirates and Buckaroos

Aug 25 - 29 Nature Explorers



## SUPER KIDS CLIMBING CLUB

(6-11yrs)

Jul 2 - 30 Wednesday 5:30-7pm \$44.05

Aug 1 - 29 Friday 5:30-7pm \$44.05

## INTRO TO CLIMB (14yrs +)

Jul 17 Thursday 6:30-9pm \$65.00

Aug 14 Thursday 6:30-9pm \$65.00



## Tue & Thu

Gentle Fit  
8:30-9:15am

Power Aqua  
7:05-7:50pm

## Wed & Fri

Water Fit  
8:30-9:15am

# AQUAFIT

## SCHEDULE

Drop-in - Regular admission applies

# DRYLAND FITNESS

Participate in any of the Fitness classes! Drop-in \$17.  
Summer Fitness 6-punch pass for \$84 and save!

## POWER LUNCH - OUTDOOR

Energy-boosting lunch time fitness class to get you through the afternoon.

Jul 2 - 24 Tue/Thu 12:05-12:55pm

Aug 19 - 28 Tue/Thu 12:05-12:55pm

## EARLY SWEATCAMP

Start your morning in a good way with an efficient and fun bootcamp.

Jul 3 - 25 Wed/Fr 6:10-7am

Aug 20 - 29 Wed/Fr 6:10-7am



## EVENTS:

School's Out Party  
Jun 26 Thu 2-3:30pm \$5

Beach Party  
Jul 10 Thu 1-3pm \$5

Drowning Prevention Week July 20 - 26  
Swim to Survive Challenge

\*Complete the challenge & swim for free!

Jul 21 Mon 1-2:30pm

Jul 23 Wed 5:30-7pm

Jul 25 Fri 1-2:30pm

Legendary Waterfight  
Aug 7 Thu 1-3pm \$5

Pirate Party  
Aug 18 Mon 1-3pm \$5