

BV REGIONAL POOL & REC CENTRE

WINTER PROGRAMS 2025

★ WINTER ★ REGISTRATION

Opens Nov. 21
at 8am

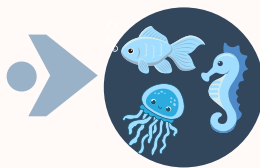
JUNIOR LIFEGUARD CLUB 8-13yrs

Are you ready to dive into some serious fun while learning important lifeguarding skills?

Jan 15 - Mar 12	Wed	3:45-5:15pm	\$115.70
Mar 17-21	Mon-Fri	10am-12pm	\$85.70

Must be able to swim one length of the pool independently and tread water for 1 minute.

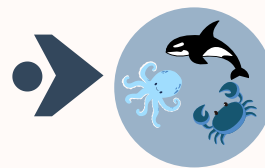
PARENT & TOT



Jan 10 - Mar 14
Jan 1 - Mar 15
Jan 12 - Mar 16
Jan 14 - Mar 11
Jan 14 - Feb 13
Jan 15 - Mar 12
Feb 18 - Mar 13

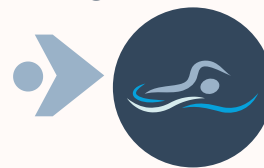


SWIM LESSONS PRESCHOOL



Fri	10 Sessions
Sat	9 Sessions <i>no class on Feb 15</i>
Sun	9 Sessions <i>no class on Feb 16</i>
Tue ONLY	9 Sessions
Tue/Thu	10 Sessions
Wed	9 Sessions
Tue/Thu	8 Sessions

SWIMMER 1-9 ADULT/TEEN



Mornings
Mornings
Evenings
Evenings
Afternoons
Afternoons
Afternoons

Participants must complete their current program and receive their report card result before registering in the next program set or season.



RED CROSS BABYSITTER 11 yrs +

The Canadian Red Cross Babysitting course covers everything from managing difficult behaviours to essential content on leadership and professional conduct as a babysitter.

Jan 19 & 26	Sun	11:30-4:30pm	\$82.95
Feb 21 - 28	Fri Sat	5-8:30pm 9am-1pm	\$82.95

FIRST AID and LIFESAVING

BRONZE MEDALS

BRONZE MEDALLION \$247.60

Pre-req.: 13 yrs + or Bronze Star

Jan 11 - Feb 1 Sat 10am-3:30pm

BRONZE CROSS \$199.00

Pre-req.: 13 yrs +, Br. Medallion

Feb 8-16 Fri/Sat/Sun 10am-4pm

"The First Step to get your aquatic career started!"

FIRST AID COURSES 14 yrs +

STANDARD FIRST AID & CPR-C/AED (INTERMEDIATE)

Mar 8&9 Sat/Sun 10am-6:30pm

FIRST AID RECERTIFICATIONS

CPR-C/AED - RECERT

Apr 13 Sun 10am-2pm \$69.30

NATIONAL LIFEGUARD

Pre-req.: 15 yrs +, SFA & Bronze Cross

Mar 17-26 Mon-Wed 10-6:30pm \$542.50

"Lifeguards: ready to rescue, but trained to prevent!"



NATIONAL LIFEGUARD RECERT

Spring 2025

Add your name to our interest list!

LIFEGUARD
TRAINING
Subsidy



250-847-4244

info@bvpool.com

bvpool.com

bv regional
Pool & Recreation Centre
1316 Toronto St. Smithers, BC 250-847-4244 www.bvpool.com



FITNESS



SQUASH



CLIMBING

★ **DRYLAND CLASSES** ★

Participate in any of the Fitness classes!
Drop-in \$17. Winter Fitness 10-punch pass for \$140 and save!

➔ **KIDS**

LITTLE ROCKERS (18mo-5yrs)	Jan 7 - Mar 11	Tuesday	9:30-11am	\$58.85
<i>Drop-in fee: \$7.00. Additional tots of the same family: \$4.</i>				
SUPER KIDS CLIMBING CLUB (6-11yrs)	Jan 14 - Mar 11	Tuesday	3:45-5pm	\$79.30
	Jan 15 - Mar 12	Wednesday	3:45-5pm	\$79.30
KIDS CAMP NID (5-12yrs)	Feb 14	Friday	8:30am-4pm	\$48/day
	Mar 17 - 28	Mon-Fri	8:30am-4pm	\$48/day or \$215/week

➔ **YOUTH**

VERTICAL CLIMBING CLUB (12-18yrs)	Jan 17 - Mar 14	Friday	3:45-5pm	\$127.80
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➔ **ADULT**

INTRO TO CLIMB (14yrs +)	Jan 23 or Mar 13	Thursday	6:30-9pm	\$65.00
BEGINNER CLIMBING COURSE (19yrs +)	Feb 6 - 20	Thursdays	6-8pm	\$77.00
WALL CLUB ORIENTATION (19yrs +)	Jan 30	Thursday	6:30-8pm	FREE

EARLY SWEATCAMP

Start your morning in a good way with an efficient and fun bootcamp.
Jan 8 - Mar 28 Wed/Fri 6:15-7:15am

POWER LUNCH

Energy-boosting lunch time fitness class to get you through the afternoon.
Jan 7 - Mar 13 Tue/Thu 12:05-12:55pm

FITNESS STUDIO ORIENTATION

Learn how to use the gym equipment and some tips on how to get started on your fitness goals!
Jan 11 Sat 10-11:30am \$36
Feb 6 Thu 6:30-8pm \$36

WINTER AQUAFIT SCHEDULE

Regular Admission applies or swipe your membership.

TUE/THU	WED/FRI
Gentle Fit 9:05-9:50am	Water Fit 9:05-9:50am
Power Aqua 7:15-8pm	



SINGLE Belayed SESSIONS

Beginner-friendly, gear included

MONKEY CLIMB (7-18yrs)	Wed/Fri/Sat	5:30-7pm	\$11.05
<i>Registration required. Children under 7 need a caregiver 16+yrs.</i>			
TEEN CLIMB (12yrs +)	Fri	8-9pm	\$11.05
ADULT CLIMB (19yrs +)	Wed	8-9pm	\$18
FAMILY CLIMB (max of 5 immediate family members)	Sat	11:30-1pm	\$23.10

INTRO TO SQUASH

Always wanted to learn the game? Now's your chance to learn the basics! Racquets and eye protection are supplied, just bring indoor shoes.

Feb 4 - 25	Tue	6-7pm	\$72.50	18yrs +
Mar 4 - 25	Tue	6-7pm	\$72.50	18yrs +
Feb 6 - 26	Wed	4-5pm	\$28.64	7-13yrs

DRILL NIGHTS! IMPROVE YOUR GAME.

Nov 26 - Dec 17 Tue 6-7pm Regular admission

improve your game - meet new players




SQUASH LADDER

Birthday Bookings

Celebrate your child's birthday at the BV Pool & Rec Centre in the Pool or Climbing Wall!
Basic booking includes admission for 12 kids (more can be added) and a dedicated celebration space.
See available dates and book online!



EVENTS:

TEEN NIGHT	Feb 7, Mar 7	Fri	8:30pm-10pm	\$5
SPRING SPLASH	Mar 22	Sat	1:30-3pm	\$5

FAMILY DAY WEEKEND	Feb 14-17	Stay tuned for some family fun at the BV Pool & Rec Centre!		
EASTER BUNNY CLIMB	Apr 12	Sat	2:30 - 4pm	\$12